Function Optimization

February 6, 2019

1 Introduction

There are three main reasons why most problems in robotics, vision, and arguably every other
science or endeavor take on the form of optimization problems. One is that the desired goal may
not be achievable, and so we try to get as close as possible to it. The second reason is that there
may be more ways to achieve the goal, and so we can choose one by assigning a quality to all the
solutions and selecting the best one. The third reason is that we may not know how to solve the
system of equations \( f(z) = 0 \), so instead we minimize the norm \( \|f(z)\| \), which is a scalar function
of the unknown vector \( z \).

The first two situations arise in the context of linear systems. The case in which a linear system
admits exactly one exact solution is simple but rare. More often, the system at hand is either
incompatible (some say overconstrained) or, at the opposite end, underdetermined. In fact, some
problems are both, in a sense: There is no exact solution, but there are several approximate ones,
each equally good. In addition, many problems lead to nonlinear equations.

Consider, for instance, the problem of Structure From Motion (SFM) in computer vision. Non-
linear equations describe how points in the world project onto the images taken by cameras at
given positions in space. Structure from motion goes the other way around, and attempts to solve
these equations: image points are given, and one wants to determine shape and motion, namely,
where the points in the world and the cameras are. Because image points come from noisy mea-
surements, they are not exact, and the resulting system is usually incompatible. SFM is then cast
as an optimization problem. At the same time, even the exact system (one derived from perfect
measurements through exact mathematics) is often close to being underdetermined. For instance,
the images may provide insufficient information to recover shape and motion. Then, an additional
criterion must be added to define what a “good” solution is. In these cases, the noisy system admits
no exact solutions, but has many approximate ones.

Machine learning is also optimization: A loss function defines the discrepancy between actual
and desired behavior of the function being learned, and optimization methods reduce the discrep-
ancy by finding the function parameters that minimize the loss over the inputs and outputs in the
training set.

The term “optimization” is meant to subsume both minimization and maximization. However,
maximizing the scalar function \( f(z) \) is the same as minimizing its negative \( -f(z) \), so we consider
optimization and minimization to be essentially synonyms. Usually, one is after global minima.
However, global minima are hard to find, since they involve a universal quantifier: \( z^* \) is a global
minimum of \( f \) if for every \( z \) we have \( f(z) \geq f(z^*) \), and it is typically infeasible to check all
possible \( z \). Global minimization techniques like simulated annealing have been proposed, but their
convergence properties depend very strongly on the problem at hand. In this chapter, we consider local minimization: we pick a starting point \( z_0 \), and we descend in the landscape of \( f(z) \) until we cannot go down any further. The bottom of the valley is a local minimum.

Local minimization may get us close to the global minimum \( z^* \) if we know how to pick an \( z_0 \) that is close to \( z^* \). This occurs frequently in feedback systems. In these systems, we start at a local (or even a global) minimum. The system then evolves and escapes from the minimum. As soon as this occurs, a control signal is generated to bring the system back to the minimum. Because of this immediate reaction, the old minimum can often be used as a starting point that is close to \( z^* \). This occurs frequently in feedback systems. In these systems, we start at a local minimum. The system then evolves and escapes from the minimum. As soon as this occurs, a control signal is generated to bring the system back to the minimum. Because of this immediate reaction, the old minimum can often be used as a starting point that is close to \( z^* \).

If a good \( z_0 \) is not available, one may have to be content with a local minimum \( z^* \). After all, \( z^* \) is always at least as good, and often much better, than \( z_0 \). A compromise is to pick several values for \( z_0 \) (perhaps at random), compute the corresponding values for \( z^* \), and then pick the one with the lowest value \( f(z^*) \).

### 1.1 First and Second Order Optimization Methods

When the function \( f(z) : \mathbb{R}^m \to \mathbb{R} \) is differentiable in the vector \( z \), we can compute its gradient \( \nabla f \), and perhaps also its Hessian, that is, the matrix of the second derivatives of \( f \):

\[
H(z) = \begin{bmatrix}
\frac{\partial^2 f}{\partial z_1^2} & \ldots & \frac{\partial^2 f}{\partial z_1 \partial z_m} \\
\vdots & \ddots & \vdots \\
\frac{\partial^2 f}{\partial z_m \partial z_1} & \ldots & \frac{\partial^2 f}{\partial z_m^2}
\end{bmatrix}.
\]

Pick some vector \( z_0 \in \mathbb{R}^m \) as a starting point for searching for a value \( \hat{z} \) of \( z \) which, if not optimal, at least yields a value \( f(\hat{z}) \) that is smaller than \( z_0 \). Figure 1 (a) sketches a function \( f(z) \) for \( z \in \mathbb{R}^2 \) and a starting point \( z_0 \). If only the gradient of \( f \) at \( z_0 \) is available, it can be used to approximate \( f \) with its first-order Taylor approximation

\[
f(z) \approx g_1(z) = f(z_0) + [\nabla f(z_0)]^T(z - z_0) .
\]

This function \( g_1(z) \) represents a plane when \( m = 2 \) and a hyperplane more generally (Figure 1 (b)), and provides some information about the shape of the graph of \( f \) in the vicinity of \( z_0 \). Loosely speaking, \( g_1(z) \), and in particular the gradient \( \nabla z_0 \), tells us which way is uphill, that is, in what direction the value of \( g_1 \) (and therefore, in a small neighborhood of \( z_0 \), the value of \( f \)) increases most rapidly. Then, a small step in the opposite direction, \( -\nabla z_0 \) may lead to a new point \( z_1 \) such that

\[
f(z_1) < f(z_0)
\]

as long as the size of the step is chosen judiciously. We will see later how to choose good step sizes. This procedure, called a first-order descent method can be repeated as long as progress occurs, that is, as long as the value of \( f \) decreases, or until the changes become too small to be useful.

A similar procedure can be followed if also the Hessian \( H(z_0) \) of \( f \) at \( z_0 \) is known. However, in that case the information about the shape of the graph of \( f \) in a neighborhood of \( z_0 \) is a bit richer, and a second-order Taylor approximation is possible:

\[
f \approx g_2(z) = f(z_0) + [\nabla z_0]^T(z - z_0) + \frac{1}{2}(z - z_0)^T H(z_0)(z - z_0) .
\]
Figure 1: (a) A function $f : \mathbb{R}^2 \to \mathbb{R}$ and an initial point $z_0$. (b) The shaded quadrilateral is a patch on the plane represented by the first-order Taylor series expansion of $f$ around $z_0$. Any step in the steepest downhill direction will reduce the value of the Taylor approximation to $f$. If the length of the step is chosen carefully, the step might reduce the value of $f$ as well, and lead to a new point $z_1$ (not shown) where $f$ has a lower value than at $z_0$. (c) The shaded bowl is a piece of the paraboloid represented by the second-order Taylor series expansion of $f$ around $z_0$. The minimum $z_1$ of the paraboloid can be found by solving a linear system in $z$, and $f(z_1)$ is often significantly smaller than $f(z_0)$.

As illustrated in Figure 1 (c), this function looks like a bowl if the Hessian is positive-semidefinite (if not, this idea cannot be used). The approximation $g_2$ is a quadratic function of $z$, so we can find its minimum by writing the gradient of $g_2$, setting its components to zero, and solving the resulting linear system in $z$. The resulting point $z_1$ is the lowest point of the bowl (see the Figure). Of course, $z_1$ may not be the minimum of $f$, because $g_2$ merely approximates $f$. However, if the approximation is reasonable, the step from $z_0$ to $z_1$ is likely to reduce the value of $f$:

$$f(z_1) < f(z_0).$$

While the approximation $g_2$ to $f$ may not be very good initially, it becomes better and better, as $z^{(i)}$ tends to a minimum: If the steps get smaller and smaller, the Taylor approximation for $f$ gets better and better, because its quality increases for smaller and smaller neighborhoods. In other words, every smooth function looks like a quadratic function in a small enough neighborhood.

This method is called a second-order descent method, and can be shown to have a much faster convergence rate than a first-order method if the function $f$ is smooth.

Looking at higher-order approximations of $f$ is not promising, because higher-order Taylor approximations are not necessarily convex, and minimizing the approximation is not necessarily easier than minimizing $f$ itself.

Whether a method of this type converges at all or, if it does, whether it converges to a global minimum depends on many factors. A particularly favorable situation occurs when $f$ is a convex function of $z$, in which case strong guarantees can typically be given. The next section considers convexity in some detail, and the rest of this note investigates first- and second-order decent methods.
1.2 Gradient, Hessian, and Convexity

A function $f(z)$ is convex if for every pair of points $z, z'$ in the domain of $f$ the graph of $f$ is never above the segment that joins the two graph points $(z, f(z))$ and $(z', f(z'))$:

$$f(uz + (1-u)z') \leq uf(z) + (1-u)f(z')$$

for all $u \in [0,1]$ (see Figure 2).

To check that a scalar function $f : \mathbb{R} \to \mathbb{R}$ is (weakly) convex you check that its second derivative, which is the derivative of the derivative, is nonnegative. For multivariate functions, $f : \mathbb{R}^m \to \mathbb{R}$, the idea is analogous: You check that its Hessian $H$, which is the gradient of the gradient, is positive semidefinite. This means that for every $z \in \mathbb{R}^m$ we have

$$z^T H z \geq 0 .$$

If this is the case for a particular $z$, we say that the function $f$ is convex at $z$. If the inequality above holds for all $z$ in the domain of $f$, then $f$ is said to be convex (or convex everywhere, for emphasis).

If $f$ is convex everywhere, any minimum is a global minimum, and therefore if a decent method finds a minimum (that is, a point $z$ for which $\nabla f(z) = 0$), that point is also a global minimum.

And now for some more detail about descent methods.

2 Choosing a Local Minimization Method

As discussed in Section 1.1, the theory of Taylor series suggests that higher-order derivatives provide approximate information about wider regions around the current point $z_k$ and allow the algorithm
to make larger steps in a good direction. However, exploiting the additional information provided
by higher-order derivatives comes with a cost, and one must make tradeoffs.

The **steepest descent** method looks at function value \( f(z_k) \) and gradient

\[
\nabla f(z_k) = \frac{\partial f}{\partial z}.
\]

All the method knows is the direction (the negative gradient \(-\nabla f(z_k)\)) in which the function
decreases fastest at \( z_k \). It moves in that direction in the hope that \( f(z_{k+1}) < f(z_k) \), but needs
some way to figure out how long a step to take to make the decrease \( f(z_k) - f(z_{k+1}) \) as large as
possible, or at least reasonably large.

In contrast, **Newton** methods also compute the Hessian

\[
Q = \begin{bmatrix}
\frac{\partial^2 f}{\partial z_1^2} & \cdots & \frac{\partial^2 f}{\partial z_1 \partial z_n} \\
\vdots & \ddots & \vdots \\
\frac{\partial^2 f}{\partial z_n \partial z_1} & \cdots & \frac{\partial^2 f}{\partial z_n^2}
\end{bmatrix}
\]

at \( z_k \). These methods can then approximate the function with a paraboloid and find its minimum
\( z_{k+1} \) analytically, by minimizing a quadratic equation in \( z \). This minimum is not necessarily
a minimum of \( f \), because the paraboloid only approximates this function, but then one repeats until
convergence.

Newton steps are typically much larger than steepest-descent steps, and convergence is much
faster when measured as the number of steps taken. However, each Newton step is more expensive,
because of the need to compute the Hessian at every point. For problems where the dimension \( n \)
of the space in which \( z \) lives is small, the extra cost per step may be worth the resulting smaller
number of steps. However, the cost to compute \( Q \) increases quadratically with \( n \), so at some point
Newton methods become overly expensive (in both time and storage) or even practically infeasible.

In those cases, one can compute approximate Hessians, rather than exact ones, in Newton’s
method, leading to so-called **quasi-Newton** algorithms. Alternatively, one can modify the descent
direction away from the gradient in a way that effectively makes the steepest-descent algorithm
aware of the second-order derivatives of \( f \). This idea leads to the **conjugate gradients** method,
whose computational complexity is similar to that of steepest descent and whose convergence rate
approaches that of Newton’s method in many cases.

**Stochastic Gradient Descent** (SGD) is a variant of steepest-descent that can be used for functions
\( f \) that are sums of many differentiable functions:

\[
f(z) = \sum_{\ell=1}^{m} f_{\ell}(z).
\]

In this case, SGD moves in the direction opposite to the gradient of the sum of a random subset
(in an extreme version, a singleton) of the \( f_{\ell} \) terms at each iteration, rather than the sum of all of
them. Clearly, each step is (sometimes dramatically) less expensive than a steepest-descent step.
Interestingly, SGD can be shown to converge faster than steepest-descent under suitable conditions,
when convergence speed is measured as the total number of operations required (rather than by
the number of steps taken).

The next two sections introduce steepest descent and Newton’s method. Conjugate gradients
is not going to be used in this course, and is discussed for completeness in Appendix E. Stochastic
gradient descent is discussed in a separate note in the context of deep learning.
3 Local Minimization and Steepest Descent

Suppose that we want to find a local minimum for the scalar function $f$ of the vector variable $z$, starting from an initial point $z_0$. Picking an appropriate $z_0$ is crucial, but also very problem-dependent, so we do not discuss this choice here. We then start from $z_0$, and we go downhill. At every step of the way, we must make the following decisions:

- Whether to stop.
- In what direction to proceed.
- How long a step to take in that direction.

Correspondingly, most minimization algorithms have the following structure, with $z_0$ given:

\[
\begin{align*}
  k &= 0 \\
  \text{while } z_k \text{ is not a minimum} \\
  &\quad \text{compute step direction } p_k \text{ with } \|p_k\| = 1 \\
  &\quad \text{compute step size } \alpha_k \\
  z_{k+1} &= z_k + \alpha_k p_k \\
  k &= k + 1 \\
\end{align*}
\]

Different algorithms differ in how each of these instructions is performed.

It is intuitively clear that the choice of the step size $\alpha_k$ is important. Too small a step leads to slow convergence, or even to lack of convergence altogether. Too large a step causes overshooting, that is, leaping past the solution. The most disastrous consequence of this is that we may leave the basin of attraction, or that we oscillate back and forth with increasing amplitudes, leading to instability. Even when oscillations decrease, they can slow down convergence considerably.

What is less obvious is that the best direction of descent is not necessarily, and in fact is quite rarely, the direction of steepest descent. Appendix B shows this formally. More intuitively, figure 3 shows the steepest-descent trajectory $z_k$ superimposed on a set of isocontours of a simple paraboloid (a quadratic function) $f(z)$ for a two-dimensional search space, that is, when $z$ is a two-dimensional vector.

A convex paraboloid (whether in two or more dimensions) has equation

\[
f(z) = c + a^T z + \frac{1}{2} z^T Q z \tag{1}
\]

where $Q$ is a symmetric, positive definite matrix. Positive definite means that for every nonzero $z$ the quantity $z^T Q z$ is positive. In this case, the graph of $f(z)$ is a plane $c + a^T z$ plus a paraboloid with its bottom at the origin $0$. Appendix B shows that adding a linear term $a^T z$ (and a constant $c$) to a paraboloid $\frac{1}{2} z^T Q z$ merely shifts the bottom of the paraboloid, both in position ($z^*$ rather than $0$) and value ($c - \frac{1}{2} z^*^T Q z^*$ rather than zero). Adding the linear term does not “warp” or “tilt” the shape of the paraboloid in any way.

Of course, if $f$ were this simple, no descent methods would be necessary, because the minimum of $f$ can be found by setting its gradient to zero:

\[
\frac{\partial f}{\partial z} = a + Q z = 0
\]
so that the minimum \( z^\ast \) is the solution to the linear system

\[
Qz = -a .
\]  

(2)

Since \( Q \) is positive definite, it is also invertible (why?), and the solution \( z^\ast \) is unique. However, understanding the behavior of minimization algorithms in this simple case is crucial in order to establish the convergence properties of these algorithms for more general functions. This is because all smooth functions can be approximated by paraboloids in a sufficiently small neighborhood of any point (second-order Taylor approximation).

Let us therefore assume that we minimize \( f \) as given in equation (1), and that at every step we choose the direction of steepest descent:

\[
p_k = -\frac{\partial f}{\partial z} \bigg|_{z=z_k} = -\nabla f(z_k) .
\]

Let us further assume that the length of the step is such that the minimum of \( f \) along the steepest-descent direction is reached.

Looking at Figure 3, we see that here is one good, but very precarious case in which convergence to the true solution \( z^\ast \) occurs blindingly fast, in a single step. This happens when the starting point \( z_0 \) is at one apex (tip of either axis) of an isocontour ellipse. In that case, the gradient points exactly towards \( z^\ast \), and one iteration will lead to the minimum \( z^\ast \).

In all other cases, the line in the direction \( p_k \) of steepest descent, which is orthogonal to the isocontour at \( z_k \), will not pass through \( z^\ast \). The minimum of \( f \) along that line is tangent to some other, lower isocontour (or else it would not be a minimum, local or otherwise). The next step is orthogonal to the latter isocontour (that is, parallel to the gradient at the point of tangency). Thus, at every step the steepest descent trajectory is forced to make a ninety-degree turn: Step \( k \) is tangent to the new isocontour, and step \( k + 1 \) is perpendicular to it. If isocontours were circles (\( \sigma_1 = \sigma_n \)) centered at \( z^\ast \), then the first turn would make the new direction point to \( z^\ast \), and minimization would get there in just one more step. The more elongated the isocontours, the farther away a line orthogonal to an isocontour passes from \( z^\ast \), and the more steps are required for convergence. This elongation is measured by the so-called condition number \( \kappa(Q) \) of \( Q \), defined in Appendix B.

Thus, the directions of steepest descent are typically poor directions, with the only exceptions of starting at one of the axes of an isocontour ellipsoid or moving among hyperspheres rather than ellipsoids. Nonetheless, steepest descent is a popular optimization method because of its low cost per iteration, at the expense of a large number of iterations (the next Section discusses convergence speed). The technique of preconditioning can improve things by deforming the function \( f(z) \) so that
its isocontours look closer to hyperspheres. This technique is beyond the scope of this introductory note.

To complete the steepest descent algorithm we need to specify two more of its aspects: (i) How to determine the step size $\alpha_k$ so as to reach the minimum of $f(z)$ along the direction of $p_k$; and (ii) how to check whether a minimum of $f$ (in any direction) has been reached.

**Line Search** is a method to find a step $\alpha_k$ that reaches a minimum in the direction $p_k$. Here is how line search works. Let

$$h(\alpha) = f(z_k + \alpha p_k)$$ (3)

be the scalar function of one variable (that is, $h : \mathbb{R} \to \mathbb{R}$) that is obtained by restricting the function $f$ to the line through the current point $z_k$ and in the direction of $p_k$. Line search first determines two points $a, c$ that bracket the desired step size $\alpha_k$ where $h$ achieves a minimum, in the sense that $a \leq \alpha_k \leq c$. It then picks a point $b$ such that

$$a < b < c \quad \text{and} \quad h(b) \leq h(a) \quad \text{and} \quad h(b) \leq h(c)$$ (4)

(as we will see soon, such a point must exist). A triple $(a, b, c)$ that satisfies these properties is called a *bracketing triple*. To determine $\alpha_k$, line search determines whether the local minimum is between $a$ and $b$ or between $b$ and $c$ and then finds a point $u$ that forms a bracketing triple with the appropriate subinterval (either $(a, u, b)$ or $(b, u, c)$). This process is repeated, each time splitting the relevant bracketing triple in half, until $\alpha_k$ is pinned down.

In the first step (bracketing), we can set $a = 0$, corresponding through equation (3) to the starting point $z_k$. A point $c$ that is on the opposite side of the minimum with respect to $a$ can be found by increasing $\alpha$ through values $\alpha_1 = a, \alpha_2, \ldots$ until $h(\alpha_i)$ is greater than $h(\alpha_{i-1})$: We initially go downhill, because we are moving in the direction of the negative gradient, so once we start going uphill we must have passed a minimum. Then, if we can assume that $h$ is convex between $\alpha_1$ and $\alpha_i$, we can set $c = \alpha_i$. This is because the derivative of $h$ at $a$ is negative, so the function is initially decreasing, but it is increasing between $\alpha_{i-1}$ and $\alpha_i = c$, so there must be a minimum somewhere between $a$ and $c$. Of course, if we cannot assume convexity, we may find the wrong minimum, but there is no general-purpose fix to this problem: We will find *some* local minimum in any case. The point $b$ can be chosen as $\alpha_{i-1}$, a point where by construction $h$ has a value lower than both $a$ and $c$.

So now we have a bracketing triple $(a, b, c)$, with a minimum of $h$ somewhere between $a$ and $c$. Line search proceeds by shrinking this bracketing triple until the difference $c - a$ is smaller than the desired accuracy in determining $\alpha_k$. Shrinking works as follows:

```plaintext
if b - a > c - b
    u = (a + b) / 2
else
    if h(u) > h(b)
        (a, b, c) = (u, b, c)
    else
        (a, b, c) = (a, u, b)
end
otherwise
    u = (b + c) / 2
end
```
\[\text{if } h(u) > h(b) \]
\[(a, b, c) = (a, b, u)\]
\[\text{otherwise} \]
\[(a, b, c) = (b, u, c)\]
end
end.

It is easy to see that in each case the triple \((a, b, c)\) is a bracketing triple (properties (4)), and therefore the minimum is somewhere between \(a\) and \(c\).

Each split reduces the size of the bracketing interval by at least a quarter. To see this, note that the extent of the reduction is half the size of the longer interval. Therefore, the smallest reduction occurs when the intervals \([a, b]\) and \([b, c]\) are equal in size, because then the longer interval is as short as it gets. In that case, \(u\) is the half-point of \([b, c]\). If the new triple is \((b, u, c)\), then its size is half that of the original triple \((a, b, c)\). If the new triple is \((a, b, u)\), then its size is three quarters of the original. The latter is the worst case, and the reduction is by 25 percent, as promised.

A slightly better performance can be achieved by placing point \(u\) not in the middle of the longer segment, as done in the code above, but rather in such a way that at each iteration the ratio

\[r(a, b, c) = \frac{\max(b - a, c - b)}{\min(b - a, c - b)}\]

between the length of the longer segment and that of the shorter segment in the bracketing triple is always the same, and equal to

\[w = \frac{1 + \sqrt{5}}{2} \approx 1.618,\]

a number called the golden ratio. Appendix A shows that this can be achieved by an appropriate initial placement of \(b\) and subsequent placement of \(u\). With this strategy, the ratio between the length of the new bracketing triple and the old is always\(^1\)

\[\frac{w}{1 + w} = w - 1 \approx 0.618\]

rather than somewhere between 1/2 and 3/4. With this strategy, line search is called the golden ratio line search. Either way, however, the bracketing triple shrinks exponentially fast.

**Termination Check**  One criterion to check whether we are done with minimization is to verify whether the value of \(f(z_k)\) has significantly decreased from \(f(z_{k-1})\): If it has not, very little descent is occurring, and we may want to stop. Another is to check whether \(z_k\) is significantly different from \(z_{k-1}\) (ditto). Close to the minimum, the derivatives of \(f\) are close to zero, so \(|f(z_k) - f(z_{k-1})|\) may be very small but \(\|z_k - z_{k-1}\|\) may still be relatively large. Thus, the check on \(z_k\) is more stringent, and therefore preferable in most cases. This is because one is usually interested in the value of \(\hat{z}\), rather than in that of \(f(\hat{z})\). In summary, the steepest descent algorithm can be stopped when

\[\|z_k - z_{k-1}\| < \epsilon\]

where the positive constant \(\epsilon\) is provided by the user.

\(^1\)The equality \(w/(1 + w) = w - 1\) holds only for this particular value of \(w\), not in general.
3.1 The Convergence Speed of Steepest Descent

How much closer does one step of steepest descent bring us to the solution \( z^* \)? In other words, how much closer is \( z_{k+1} \) to the true minimum \( z^* \), relative to the distance between \( z_k \) and \( z^* \) at the previous step? The answer is, often not much, as illustrated earlier in Figure 3. To characterize the speed of convergence of various minimization algorithms quantitatively, we introduce the notion of the order of convergence. This is defined as the largest value of \( q \) for which the

\[
\lim_{k \to \infty} \frac{\|z_{k+1} - z^*\|}{\|z_k - z^*\|^q}
\]

is finite and nonzero. If \( \beta \) is this limit, then close to the solution (that is, for large values of \( k \)) we have

\[
\|z_{k+1} - z^*\| \approx \beta \|z_k - z^*\|^q
\]

for a minimization method of order \( q \). In other words, the distance of \( z_k \) from \( z^* \) is reduced by the \( q \)-th power at every step, so the higher the order of convergence, the better.

Theorem C.2 in Appendix C implies that steepest descent has generically (that is, with few exceptions in special cases) a linear order of convergence. In other words, the residuals \( |f(z_k) - f(z^*)| \) in the values of the function being minimized converge linearly. Since the gradient of \( f \) approaches zero when \( z_k \) tends to \( z^* \), the arguments \( z_k \) to \( f \) can converge to \( z^* \) even more slowly.

While Theorem C.2 holds for quadratic functions, any smooth function can be approximated by a quadratic function in small neighborhoods, so the result is general.

4 Newton’s Method

If a function can be well approximated by a paraboloid in the region in which minimization is performed, the analysis in the previous section suggests a straight-forward fix to the slow convergence of steepest descent. This is because equation (2) tells us how to jump in one step from the starting point \( z_0 \) to the minimum \( \hat{z} \). Of course, when \( f(z) \) is not exactly a paraboloid, the new value \( z_1 \) will be different from \( \hat{z} \). Consequently, iterations are needed, but convergence can be expected to be faster. This is the idea of Newton’s method, which we now summarize. Let

\[
f(z_k + \Delta z) \approx f(z_k) + g_k^T \Delta z + \frac{1}{2} \Delta z^T H_k \Delta z
\]

be the first terms of the Taylor series expansion of \( f \) about the current point \( z_k \), where

\[
g_k = g(z_k) = \frac{\partial f}{\partial z} \bigg|_{z=z_k}
\]

and

\[
H_k = H(z_k) = \frac{\partial^2 f}{\partial z \partial z^T} \bigg|_{z=z_k} = \begin{bmatrix}
\frac{\partial^2 f}{\partial z_1 \partial z_1} & \cdots & \frac{\partial^2 f}{\partial z_1 \partial z_n} \\
\vdots & \ddots & \vdots \\
\frac{\partial^2 f}{\partial z_n \partial z_1} & \cdots & \frac{\partial^2 f}{\partial z_n \partial z_n}
\end{bmatrix}
\]

are the gradient and Hessian of \( f \) evaluated at the current point \( z_k \). Notice that even when \( f \) is a paraboloid, the gradient \( g_k \) is different from \( a \) as used in equation (1). This is because \( a \) and
\( Q \) are the coefficients of the Taylor expansion of \( f \) around point \( z = 0 \), while \( g_k \) and \( H_k \) are the coefficients of the Taylor expansion of \( f \) around the current point \( z_k \). In other words, gradient and Hessian are constantly reevaluated in Newton’s method.

To the extent that approximation (5) is valid, we can set the derivatives of \( f(z_k + \Delta z) \) with respect to \( \Delta z \) to zero, and obtain, analogously to equation (2), the linear system

\[
H_k \Delta z = -g_k ,
\]

whose solution \( \Delta z = \alpha_k p_k \) yields at the same time the step direction \( p_k = \Delta z_k / \| \Delta z_k \| \) and the step size \( \alpha_k = \| \Delta z_k \| . \) The direction is of course undefined once the algorithm has reached a minimum, that is, when \( \alpha_k = 0 \).

A minimization algorithm in which the step direction \( p_k \) and size \( \alpha_k \) are defined in this manner is called Newton’s method. The corresponding \( p_k \) is termed the Newton direction, and the step defined by equation (6) is the Newton step.

The greater speed of Newton’s method over steepest descent is borne out by analysis: while steepest descent has a linear order of convergence, Newton’s method is quadratic (see Section D).

For a quadratic function, as in equation (1), steepest descent takes many steps to converge, while Newton’s method reaches the minimum in one step. However, this single iteration in Newton’s method is more expensive, because it requires both the gradient \( g_k \) and the Hessian \( H_k \) to be evaluated, for a total of \( m + \binom{m+1}{2} \) derivatives. In addition, system (6) must be solved at each iteration. For very large problems, in which the dimension \( m \) of \( z \) is thousands or more, storing and manipulating a Hessian can be prohibitive. In contrast, steepest descent requires only the gradient \( g_k \) for selecting the step direction \( p_k \), and a line search in the direction \( p_k \) to find the step size.

Appendices

A The Golden Ratio Line Search

We show that the breakpoint \( u \) for line search can be chosen so that at each iteration the ratio

\[
r(a, b, c) = \frac{\max(b - a, c - b)}{\min(b - a, c - b)}
\]

between the length of the longer segment and that of the shorter segment in the bracketing triple is the same. To find how to do this, let us reason for the case \( b - a < c - b \), illustrated in Figure 4. The reasoning for the opposite case is analogous.

![Figure 4: If points b and u are placed so that the ratio \( w = \beta/\alpha \) equals the ratio \( \alpha/\gamma \), then we also have \( (\beta - \gamma)/\gamma = w \), and \( w \approx 1.618 \) remains the same at every iteration of line search.]
From the code for line search, we see that \( u \) splits the interval \([b, c]\), the longer of the two. Before the split, if we let
\[
\alpha = b - a \quad \text{and} \quad \beta = c - b
\]
we thus have
\[
r(a, b, c) = \frac{\beta}{\alpha}.
\]
After the split, the triple is either \((a, b, u)\) or \((b, u, c)\). Choose \( u \) so that
\[
\gamma = u - b < \alpha \quad \text{and} \quad \gamma = u - b < c - u = \beta - \gamma.
\]
Then
\[
r(a, b, u) = \frac{\alpha}{\gamma} \quad \text{and} \quad r(b, u, c) = \frac{\beta - \gamma}{\gamma}.
\]
Requiring the ratio \( r \) to be the same before and after the split in all cases requires
\[
r(a, b, c) = r(a, b, u) \quad \text{and} \quad r(a, b, c) = r(b, u, c) \quad \text{that is}, \quad \frac{\beta}{\alpha} = \frac{\alpha}{\gamma} \quad \text{and} \quad \frac{\beta}{\alpha} = \frac{\beta - \gamma}{\gamma}.
\]
Solving these two equations for \( \gamma \) yields
\[
\gamma = \frac{\alpha^2}{\beta} = \frac{\alpha\beta}{\alpha + \beta}
\]
and therefore, after simple algebra,
\[
w = \frac{1 + w}{w} \quad \text{where} \quad w = \frac{\beta}{\alpha}.
\]
Rearranging terms yields the quadratic equation
\[
w^2 - w - 1 = 0
\]
which has a solution that is greater than 1 and one that is less than 1. Since \( w > 1 \), we obtain
\[
w = \frac{1 + \sqrt{5}}{2} \approx 1.618,
\]
a number called the golden ratio.

Thus, if \( b \) is initially placed between \( a \) and \( c \) so that
\[
r(a, b, c) = \frac{c - b}{b - a} = w
\]
and then, when the interval \([b, c]\) is split, the breakpoint \( u \) is placed so that
\[
r(b, u, c) = \frac{c - u}{b - u} = w,
\]
we automatically also obtain that
\[
r(a, b, u) = \frac{b - a}{u - b} = w.
\]
The reasoning for the case \( b - a > c - b \) is similar and is left as an exercise.
B Steepest Descent on a Paraboloid

This Appendix finds exact formulas for steepest descent when \( f \) is a paraboloid. This study will then lead to an analysis of the convergence speed of this optimization method (Appendix C).

Let
\[
\tilde{e}(z) = \frac{1}{2}(z - z^*)^T Q(z - z^*) .
\]

Then we have
\[
\tilde{e}(z) = f(z) - c + \frac{1}{2}z^T Qz^* = f(z) - f(z^*)
\]
so that \( \tilde{e} \) and \( f \) differ only by a constant. To show this, we note that the definition of \( z^* \) means that
\[
Qz^* = -a
\]
and so
\[
-z^T Qz^* = z^T a = a^T z
\]
and therefore
\[
\tilde{e}(z) = \frac{1}{2}(z^T Qz + z^*^T Qz - 2z^T Qz^*) = \frac{1}{2}z^T Qz + a^T z + \frac{1}{2}z^*^T Qz^* = f(z) - c + \frac{1}{2}z^*^T Qz^* .
\]

We can also write
\[
f(z^*) = c + a^T z^* + \frac{1}{2}z^*^T Qz^* = c - z^*^T Qz^* + \frac{1}{2}z^*^T Qz^* = c - \frac{1}{2}z^*^T Qz^* .
\]

The result (7),
\[
\tilde{e}(z) = f(z) - f(z^*) ,
\]
is rather interesting in itself. It says that adding a linear term \( a^T z \) (and a constant \( c \)) to a paraboloid \( \frac{1}{2}z^T Qz \) merely shifts the bottom of the paraboloid, both in position (\( z^* \) rather than \( 0 \)) and value (\( c - \frac{1}{2}z^*^T Qz^* \) rather than zero). Adding the linear term does not “warp” or “tilt” the shape of the paraboloid in any way.

Since \( \tilde{e} \) is simpler, we consider that we are minimizing \( \tilde{e} \) rather than \( f \). In addition, we can let
\[
y = z - z^* ,
\]
that is, we can shift the origin of the domain to \( z^* \), and study the function
\[
e(y) = \frac{1}{2}y^T Qy
\]
instead of \( f \) or \( \tilde{e} \), without loss of generality. We will transform everything back to \( f \) and \( z \) once we are done. Of course, by construction, the new minimum is at
\[
y^* = 0
\]
where \( e \) reaches a value of zero:
\[
e(y^*) = e(0) = 0 .
\]

However, we let our steepest descent algorithm find this minimum by starting from the initial point
\[
y_0 = z_0 - z^* .
\]
At every iteration $k$, the algorithm chooses the direction of steepest descent, which is in the direction
\[ p_k = -\frac{g_k}{\|g_k\|} \]
on opposite to the gradient of $e$ evaluated at $y_k$:
\[ g_k = g(y_k) = \frac{\partial e}{\partial y} \bigg|_{y=y_k} = Qy_k . \]

We select for the algorithm the most favorable step size, that is, the one that takes us from $y_k$ to the lowest point in the direction of $p_k$. This can be found by differentiating the function
\[ e(y_k + \alpha p_k) = \frac{1}{2} (y_k + \alpha p_k)^T Q(y_k + \alpha p_k) \]
with respect to $\alpha$, and setting the derivative to zero to obtain the optimal step $\alpha_k$. We have
\[ \frac{\partial e(y_k + \alpha p_k)}{\partial \alpha} = (y_k + \alpha p_k)^T Qp_k \]
and setting this to zero yields
\[ \alpha_k = -\frac{(Qy_k)^T p_k}{p_k^T Qp_k} = -\frac{g_k^T p_k}{p_k^T Qp_k} = \|g_k\| \frac{p_k^T p_k}{p_k^T Qp_k} = \|g_k\| \frac{g_k^T p_k}{g_k^T Qg_k} . \] (8)

Thus, the basic step of our steepest descent can be written as follows:
\[ y_{k+1} = y_k + \|g_k\| \frac{g_k^T g_k}{g_k^T Qg_k} p_k \]
that is,
\[ y_{k+1} = y_k - \frac{g_k^T g_k}{g_k^T Qg_k} g_k . \] (9)

C The Convergence Speed of Steepest Descent

This Appendix proves the main result on the convergence speed of steepest descent. The arguments and proofs below are adapted from D. G. Luenberger, Introduction to Linear and Nonlinear Programming, Addison-Wesley, 1973, and are based on the following preliminary result.

**Lemma C.1** (Kantorovich inequality). Let $Q$ be a positive definite, symmetric, $n \times n$ matrix. For any vector $y$ there holds
\[ \frac{(y^T y)^2}{y^T Q^{-1} y y^T Qy} \geq \frac{4\sigma_1 \sigma_n}{(\sigma_1 + \sigma_n)^2} \]
where $\sigma_1$ and $\sigma_n$ are, respectively, the largest and smallest singular values of $Q$.

**Proof.** Let
\[ Q = U \Sigma U^T \]
be the singular value decomposition of the symmetric (hence $V = U$) matrix $Q$. Because $Q$ is positive definite, all its singular values are strictly positive, since the smallest of them satisfies

$$\sigma_n = \min_{\|y\|=1} y^T Q y > 0$$

by the definition of positive definiteness. If we let

$$u = U^T y$$

we have

$$\frac{(y^T y)^2}{y^T Q^{-1} y y^T y} = \frac{(y^T U^T U y)^2}{y^T U^T \Sigma^{-1} U y y^T U^T \Sigma U y} = \frac{(u^T u)^2}{u^T \Sigma^{-1} u u^T \Sigma u} = \frac{1}{\sum_{i=1}^n \theta_i \sigma_i} = \frac{\phi(\sigma)}{\psi(\sigma)}$$

(10)

where the coefficients

$$\theta_i = \frac{z_i^2}{\|u\|^2}$$

add up to one. If we let

$$\sigma = \sum_{i=1}^n \theta_i \sigma_i,$$

(11)

then the numerator $\phi(\sigma)$ in (10) is $1/\sigma$. Of course, there are many ways to choose the coefficients $\theta_i$ to obtain a particular value of $\sigma$. However, each of the singular values $\sigma_j$ can be obtained by letting $\theta_j = 1$ and all other $\theta_i$ to zero. Thus, the values $1/\sigma_j$ for $j = 1, \ldots, n$ are all on the curve $1/\sigma$. The denominator $\psi(\sigma)$ in (10) is a convex combination of points on this curve. Since $1/\sigma$ is a convex function of $\sigma$, the values of the denominator $\psi(\sigma)$ of (10) must be in the shaded area in figure 5. This area is delimited from above by the straight line that connects point $(\sigma_1, 1/\sigma_1)$ with point $(\sigma_n, 1/\sigma_n)$, that is, by the line with ordinate

$$\lambda(\sigma) = (\sigma_1 + \sigma_n - \sigma)/(\sigma_1 \sigma_n).$$

Figure 5: Kantorovich inequality.
For the same vector of coefficients $\theta_i$, the values of $\phi(\sigma)$, $\psi(\sigma)$, and $\lambda(\sigma)$ are on the vertical line corresponding to the value of $\sigma$ given by (11). Thus an appropriate bound is

$$\frac{\phi(\sigma)}{\psi(\sigma)} \geq \min_{\sigma_1 \leq \sigma \leq \sigma_n} \frac{\phi(\sigma)}{\lambda(\sigma)} = \min_{\sigma_1 \leq \sigma \leq \sigma_n} \frac{1/\sigma}{(\sigma_1 + \sigma_n - \sigma)/(\sigma_1 \sigma_n)}.$$ 

The minimum is achieved at $\sigma = (\sigma_1 + \sigma_n)/2$, yielding the desired result. △

Thanks to this lemma, we can now prove the following Theorem on the convergence of the method of steepest descent.

**Theorem C.2.** Let

$$f(z) = c + a^Tz + \frac{1}{2}z^TQz$$

be a quadratic function of $z$, with $Q$ symmetric and positive definite. For any $z_0$, the method of steepest descent has trajectory

$$z_{k+1} = z_k - \frac{g_k^Tg_k}{g_k^TQg_k}g_k$$

where

$$g_k = g(z_k) = \frac{\partial f}{\partial z}|_{z=z_k} = a + Qz_k.$$ 

This trajectory converges to the unique minimum point

$$z^* = -Q^{-1}a$$

of $f$. Furthermore, at every step $k$ there holds

$$f(z_{k+1}) - f(z^*) \leq \left(\frac{\sigma_1 - \sigma_n}{\sigma_1 + \sigma_n}\right)^2 (f(z_k) - f(z^*))$$

where $\sigma_1$ and $\sigma_n$ are, respectively, the largest and smallest singular value of $Q$.

The ratio $\kappa(Q) = \sigma_1/\sigma_n$ is called the condition number of $Q$. The larger the condition number, the closer the fraction $(\sigma_1 - \sigma_n)/(\sigma_1 + \sigma_n)$ is to unity, and the slower convergence. When $\kappa(Q) = 1$, we have

$$\frac{\sigma_1 - \sigma_n}{\sigma_1 + \sigma_n} = 0,$$

and convergence is immediate. The more elongated the isocontours, that is, the greater the condition number $\kappa(Q)$, the farther away a line orthogonal to an isocontour passes from $z^*$, and the more steps are required for convergence.

For general (that is, non-quadratic) $f$, the analysis above applies once $z_k$ gets close enough to the minimum, so that $f$ is well approximated by a paraboloid. In this case, $Q$ is the matrix of second derivatives of $f$ with respect to $z$, and is called the Hessian of $f$. In summary, steepest descent is good for functions that have a well conditioned Hessian near the minimum, but can become arbitrarily slow for poorly conditioned Hessians.
Proof. From the definition of $e$ and from equation (9) we obtain

$$
\frac{e(y_k) - e(y_{k+1})}{e(y_k)} = \frac{y_k^T Q y_k - y_{k+1}^T Q y_{k+1}}{y_k^T Q y_k}
$$

$$
= \frac{y_k^T Q y_k - \left( y_k - \frac{g_k^T g_k}{g_k^T Q g_k} g_k \right) \frac{y_k^T Q g_k}{y_k^T Q y_k}}{y_k^T Q y_k}
$$

$$
= \frac{2 \frac{g_k^T g_k}{g_k^T Q g_k} g_k^T Q y_k - \left( \frac{g_k^T g_k}{g_k^T Q g_k} \right)^2 g_k^T Q g_k}{y_k^T Q y_k Q y_k^{\top}}
$$

$$
= \frac{2 g_k^T g_k y_k - (g_k^T g_k)^2}{y_k^T Q y_k g_k^T Q g_k}
$$

Since $Q$ is invertible we have

$$
g_k = Q y_k \Rightarrow y_k = Q^{-1} g_k
$$

and

$$
y_k^T Q y_k = g_k^T Q^{-1} g_k
$$

so that

$$
\frac{e(y_k) - e(y_{k+1})}{e(y_k)} = \frac{(g_k^T g_k)^2}{g_k^T Q^{-1} g_k g_k^T Q g_k}.
$$

This can be rewritten as follows by rearranging terms:

$$
e(y_{k+1}) = \left( 1 - \frac{(g_k^T g_k)^2}{g_k^T Q^{-1} g_k g_k^T Q g_k} \right) e(y_k)
$$

(13)

We can now use the lemma on the Kantorovich inequality proven earlier to bound the expression in parentheses and therefore the rate of convergence of steepest descent. From the definitions

$$
y = z - z^* \quad \text{and} \quad e(y) = \frac{1}{2} y^T Q y
$$

(14)

we immediately obtain the expression for steepest descent in terms of $f$ and $z$. By equations (7) and (13) and the Kantorovich inequality we obtain

$$
f(z_{k+1}) - f(z^*) = e(y_{k+1}) = \left( 1 - \frac{(g_k^T g_k)^2}{g_k^T Q^{-1} g_k g_k^T Q g_k} \right) e(y_k) \leq \left( 1 - \frac{4 \sigma_1 \sigma_n}{(\sigma_1 + \sigma_n)^2} \right) e(y_k)
$$

(15)

$$
= \left( \frac{\sigma_1 - \sigma_n}{\sigma_1 + \sigma_n} \right)^2 (f(z_k) - f(z^*)).
$$

(16)

Since the ratio in the last term is smaller than one, it follows immediately that $f(z_k) - f(z^*) \to 0$ and hence, since the minimum of $f$ is unique, that $z_k \to z^*$. △
The Convergence Speed of Newton’s Method

Newton’s method has at least a quadratic order of convergence. To see this, let
\[ y(z) = z - Q(z)^{-1}g(z) \]
be the place reached by a Newton step starting at \( z \) (see equation (6)), and suppose that at the minimum \( z^* \) the Hessian \( Q(z^*) \) is nonsingular. Then
\[ y(z^*) = z^* \]
because \( g(z^*) = 0 \), and
\[ z_{k+1} - z^* = y(z_k) - z^* = y(z_k) - y(z^*) \]
From the mean-value theorem, we have
\[ \|z_{k+1} - z^*\| = \|y(z_k) - y(z^*)\| \leq \left\| \frac{\partial y}{\partial z} \right\|_{z=z^*} \|z_k - z^*\| + \frac{1}{2} \left\| \frac{\partial^2 y}{\partial z \partial z^T} \right\|_{z=\hat{z}} \|z_k - z^*\|^2 \]
where \( \hat{z} \) is some point on the line between \( z^* \) and \( z_k \). Since \( y(z^*) = z^* \), the first derivatives of \( y \) at \( z^* \) are zero, so that the first term in the right-hand side above vanishes, and
\[ \|z_{k+1} - z^*\| \leq c \|z_k - z^*\|^2 \]
where \( c \) depends on third-order derivatives of \( f \) near \( z^* \). Thus, the convergence rate of Newton’s method is of order at least two.

Conjugate Gradients

The method of conjugate gradients, discussed in this appendix, is motivated by the desire to accelerate convergence with respect to the steepest descent method, but without paying the storage cost of Newton’s method.

Newton’s method converges faster (quadratically) than steepest descent (linear convergence rate) because it uses more information about the function \( f \) being minimized. Steepest descent locally approximates the function with planes, because it only uses gradient information. All it can do is go downhill. Newton’s method approximates \( f \) with paraboloids, and then jumps at every iteration to the lowest point of the current approximation. The bottom line is that fast convergence requires work that is equivalent to evaluating the Hessian of \( f \).

Prima facie, the method of conjugate gradients discussed in this section seems to violate this principle: it achieves fast, superlinear convergence, similarly to Newton’s method, but it only requires gradient information. This paradox, however, is only apparent. Conjugate gradients works by taking \( n \) steps for each of the steps in Newton’s method. It effectively solves the linear system (2) of Newton’s method, but it does so by a sequence of \( n \) one-dimensional minimizations, each requiring one gradient computation and one line search.

Overall, the work done by conjugate gradients is equivalent to that done by Newton’s method. However, system (2) is never constructed explicitly, and the matrix \( Q \) is never stored. This is very important in cases where \( z \) has thousands or even millions of components. These high-dimensional problems arise typically from the discretization of partial differential equations. Say for instance
that we want to compute the motion of points in an image as a consequence of camera motion. Partial differential equations relate image intensities over space and time to the motion of the underlying image features. At every pixel in the image, this motion, called the motion field, is represented by a vector whose magnitude and direction describe the velocity of the image feature at that pixel. Thus, if an image has, say, a quarter of a million pixels, there are \( n = 500,000 \) unknown motion field values. Storing and inverting a \( 500,000 \times 500,000 \) Hessian is out of the question. In cases like these, conjugate gradients saves the day.

The conjugate gradients method described in these notes is the so-called Polak-Ribi`ere variation. It will be introduced in three steps. First, it will be developed for the simple case of minimizing a quadratic function with positive-definite and known Hessian. This quadratic function \( f(z) \) was introduced in equation (1). We know that in this case minimizing \( f(z) \) is equivalent to solving the linear system (2). Rather than an iterative method, conjugate gradients is a direct method for the quadratic case. This means that the number of iterations is fixed. Specifically, the method converges to the solution in \( n \) steps, where \( n \) is the number of components of \( z \). Because of the equivalence with a linear system, conjugate gradients for the quadratic case can also be seen as an alternative method for solving a linear system, although the version presented here will only work if the matrix of the system is symmetric and positive definite.

Second, the assumption that the Hessian \( Q \) in expression (1) is known will be removed. As discussed above, this is the main reason for using conjugate gradients.

Third, the conjugate gradients method will be extended to general functions \( f(z) \). In this case, the method is no longer direct, but iterative, and the cost of finding the minimum depends on the desired accuracy. This occurs because the Hessian of \( f \) is no longer a constant, as it was in the quadratic case. As a consequence, a certain property that holds in the quadratic case is now valid only approximately. In spite of this, the convergence rate of conjugate gradients is superlinear, somewhere between Newton’s method and steepest descent. Finding tight bounds for the convergence rate of conjugate gradients is hard, and we will omit this proof. We rely instead on the intuition that conjugate gradients solves system (2), and that the quadratic approximation becomes more and more valid as the algorithm converges to the minimum. If the function \( f \) starts to behave like a quadratic function early, that is, if \( f \) is nearly quadratic in a large neighborhood of the minimum, convergence is fast, as it requires close to the \( n \) steps that are necessary in the quadratic case, and each of the steps is simple. This combination of fast convergence, modest storage requirements, and low computational cost per iteration explains the popularity of conjugate gradients methods for the optimization of functions of a large number of variables.

### E.1 The Quadratic Case

Suppose that we want to minimize the quadratic function

\[
f(z) = c + a^T z + \frac{1}{2} z^T Q z
\]

where \( Q \) is a symmetric, positive definite matrix, and \( z \) has \( n \) components. As we saw in our discussion of steepest descent, the minimum \( z^* \) is the solution to the linear system

\[
Qz = -a.
\]

We know how to solve such a system. However, all the methods we have seen so far involve explicit manipulation of the matrix \( Q \). We now consider an alternative solution method that does
not need \( Q \), but only the quantity
\[
g_k = Qz_k + a
\]
that is, the gradient of \( f(z) \), evaluated at \( n \) different points \( z_1, \ldots, z_n \). We will see that the conjugate gradients method requires \( n \) gradient evaluations and \( n \) line searches in lieu of each \( n \times n \) matrix inversion in Newton’s method.


Consider the case \( n = 3 \), in which the variable \( z \) in \( f(z) \) is a three-dimensional vector. Then the quadratic function \( f(z) \) is constant over ellipsoids, called *isosurfaces*, centered at the minimum \( z^* \). How can we start from a point \( z_0 \) on one of these ellipsoids and reach \( z^* \) by a finite sequence of one-dimensional searches? In connection with steepest descent, we noticed that for poorly conditioned Hessians orthogonal directions lead to many small steps, that is, to slow convergence.

When the ellipsoids are spheres, on the other hand, this works much better. The first step takes from \( z_0 \) to \( z_1 \), and the line between \( z_0 \) and \( z_1 \) is tangent to an isosurface at \( z_1 \). The next step is in the direction of the gradient, so that the new direction \( p_1 \) is orthogonal to the previous direction \( p_0 \). This would then take us to \( z^* \) right away. Suppose however that we cannot afford to compute this special direction \( p_1 \) orthogonal to \( p_0 \), but that we can only compute some direction \( p_1 \) orthogonal to \( p_0 \) (there is an \( n - 1 \)-dimensional space of such directions!). It is easy to see that in that case \( n \) steps will take us to \( z^* \). This is because since isosurfaces are spheres, each line minimization is independent of the others: The first step yields the minimum in the space spanned by \( p_0 \), the second step then yields the minimum in the space spanned by \( p_0 \) and \( p_1 \), and so forth. After \( n \) steps we must be done, since \( p_0, \ldots, p_{n-1} \) span the whole space.

In summary, any set of orthogonal directions, with a line search in each direction, will lead to the minimum for spherical isosurfaces. Given an arbitrary set of ellipsoidal isosurfaces, there is a one-to-one mapping with a spherical system: if \( Q = U\Sigma U^T \) is the SVD of the symmetric, positive definite matrix \( Q \), then we can write
\[
\frac{1}{2} z^T Q z = \frac{1}{2} y^T y
\]
where
\[
y = \Sigma^{1/2} U^T z . \tag{19}
\]
Consequently, there must be a condition for the original problem (in terms of \( Q \)) that is equivalent to orthogonality for the spherical problem. If two directions \( q_i \) and \( q_j \) are orthogonal in the spherical context, that is, if
\[
q_i^T q_j = 0 ,
\]
what does this translate into in terms of the directions \( p_i \) and \( p_j \) for the ellipsoidal problem? We have
\[
q_{i,j} = \Sigma^{1/2} U^T p_{i,j} ,
\]
so that orthogonality for \( q_{i,j} \) becomes
\[
p_i^T \Sigma^{1/2} \Sigma^{1/2} U^T p_j = 0
\]
or
\[
p_i^T Q p_j = 0 . \tag{20}
\]
This condition is called \textit{Q-conjugacy}, or \textit{Q-orthogonality}: if equation (20) holds, then $p_i$ and $p_j$ are said to be \textit{Q-conjugate} or \textit{Q-orthogonal} to each other. We will henceforth simply say “conjugate” for brevity.

In summary, if we can find $n$ directions $p_0, \ldots, p_{n-1}$ that are mutually conjugate, and if we do line minimization along each direction $p_k$, we reach the minimum in at most $n$ steps. Of course, we cannot use the transformation (19) in the algorithm, because $\Sigma$ and especially $U^T$ are too large. So now we need to find a method for generating $n$ conjugate directions without using either $Q$ or its SVD. We do this in two steps. First, we find conjugate directions whose definitions do involve $Q$. Then, in the next subsection, we rewrite these expressions without $Q$.

Here is the procedure, due to Hestenes and Stiefel \cite{hestenes1952methods}, which also incorporates the steps from $z_0$ to $z_n$:

\begin{align*}
g_0 & = g(z_0) \\
p_0 & = -g_0 \\
\text{for } k = 0, \ldots, n-1 \\
\alpha_k & = \arg \min_{\alpha \geq 0} f(z_k + \alpha p_k) \\
z_{k+1} & = z_k + \alpha_k p_k \\
g_{k+1} & = g(z_{k+1}) \\
\gamma_k & = \frac{g_{k+1}^T Q p_k}{p_k^T Q p_k} \\
p_{k+1} & = -g_{k+1} + \gamma_k p_k
\end{align*}

where

\[ g_k = g(z_k) = \frac{\partial f}{\partial z} \Big|_{z=z_k} \]

is the gradient of $f$ at $z_k$.

It is simple to see that $p_k$ and $p_{k+1}$ are conjugate. In fact,

\begin{align*}
p_{k}^T Q p_{k+1} & = p_{k}^T Q (-g_{k+1} + \gamma_k p_k) \\
& = -p_{k}^T Q g_{k+1} + \frac{g_{k+1}^T Q p_k}{p_k^T Q p_k} p_k^T Q p_k \\
& = -p_{k}^T Q g_{k+1} + g_{k+1}^T Q p_k = 0.
\end{align*}

It is somewhat more cumbersome to show that $p_i$ and $p_{k+1}$ for $i = 0, \ldots, k$ are also conjugate. This can be done by induction. The proof is based on the observation that the vectors $p_k$ are found by a generalization of the Gram-Schmidt orthogonalization method to produce conjugate rather than orthogonal vectors. Details can be found in Polak’s book mentioned earlier.

\subsection*{E.2 Removing the Hessian}

The algorithm shown in the previous subsection is a correct conjugate gradients algorithm. However, it is computationally inadequate because the expression for $\gamma_k$ contains the Hessian $Q$, which
is too large. We now show that \( \gamma_k \) can be rewritten in terms of the gradient values \( g_k \) and \( g_{k+1} \) only. To this end, we notice that
\[
g_{k+1} = g_k + \alpha_k Q p_k ,
\]
or
\[
\alpha_k Q p_k = g_{k+1} - g_k .
\]
In fact,
\[
g(z) = a + Q z
\]
so that
\[
g_{k+1} = g(z_{k+1}) = g(z_k + \alpha_k p_k) = a + Q(z_k + \alpha_k p_k) = g_k + \alpha_k Q p_k .
\]
We can therefore write
\[
\gamma_k = \frac{g_{k+1}^T Q p_k}{p_k^T Q p_k} = \frac{g_{k+1}^T \alpha_k Q p_k}{p_k^T \alpha_k Q p_k} = \frac{g_{k+1}^T (g_{k+1} - g_k)}{p_k^T (g_{k+1} - g_k)} ,
\]
and \( Q \) has disappeared.

This expression for \( \gamma_k \) can be further simplified by noticing that
\[
p_k^T g_{k+1} = 0
\]
because the line along \( p_k \) is tangent to an isosurface at \( z_{k+1} \), while the gradient \( g_{k+1} \) is orthogonal to the isosurface at \( z_{k+1} \). Similarly,
\[
p_k^T g_k = 0 .
\]
Then, the denominator of \( \gamma_k \) becomes
\[
p_k^T (g_{k+1} - g_k) = -p_k^T g_k = (g_k - \gamma_{k-1} p_{k-1})^T g_k = g_k^T g_k .
\]

In conclusion, we obtain the Polak-Ribière formula
\[
\gamma_k = \frac{g_{k+1}^T (g_{k+1} - g_k)}{g_k^T g_k} .
\]

**E.3 Extension to General Functions**

We now know how to minimize the quadratic function (17) in \( n \) steps, without ever constructing the Hessian explicitly. When the function \( f(z) \) is arbitrary, the same algorithm can be used.

However, \( n \) iterations will not suffice. This is because the Hessian, which was constant for the quadratic case, now is a function of \( z_k \). Strictly speaking, we then lose conjugacy, since \( p_k \) and \( p_{k+1} \) are associated to different Hessians. However, as the algorithm approaches the minimum \( \hat{z} \), the quadratic approximation becomes more and more valid, and a few cycles of \( n \) iterations each will achieve convergence.